

**Chef Mikey Presents**

**My Kid's Lunch**

A division of Michael's of Denver Catering  
**303-778-0916**



Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Small Breakfast Bar</i> 100% Juice <i>Whole Apple</i> <b>Meatball Sub</b> Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup	2 <i>Maple Waffle</i> <i>Dried Apples</i> <i>Whole Orange</i> <b>Cheese Lasagna Roll Up</b> <b>Steamed Broccoli</b> <b>Seasonal Fruit</b>	3 <i>Vanilla Yogurt</i> <i>Honey Granola</i> 100% Juice <i>Sliced Peaches</i> <b>Buttermilk Biscuit</b> <b>Egg Patty</b> <b>Cheddar Cheese</b> <b>Hash Browns</b> <b>Fresh Orange</b>	4 <i>Oatmeal Round</i> <i>Dried Fruit</i> <i>Whole Banana</i> <b>Beef Soft Tacos</b> <b>Cheddar Cheese</b> <b>Tortillas, Salsa</b> <b>Refried Beans</b> <b>Fresh Apple</b>	5 <i>Pumpkin Bread</i> <i>String Cheese</i> <i>Applesauce Cup</i> 100% Juice <b>Chicken Teriyaki</b> <b>Brown Rice</b> <b>Steamed Edamame</b> <b>Cinnamon Apples</b>
8 <i>Strawberry Cinnaboli</i> 100% Juice <i>Fresh Apple</i> <b>Chicken Tenders</b> <b>BBQ Sauce</b> <b>Homemade Cornbread</b> <b>Steamed Peas</b> <b>Fruit Cup</b>	9 <i>Cereal Bowl</i> <i>Dried Apples</i> <i>Fresh Orange</i> <b>Grilled Hamburger</b> <b>Wheat Bun, Ketchup</b> <b>Fresh Carrots</b> <b>Ranch Dip</b> <b>Cinnamon Apples</b>	10 <i>Lemon Poppyseed Bread</i> <i>String Cheese</i> 100% Juice <i>Fruit Cup</i> <b>Korean Beef</b> <b>Brown Rice</b> <b>Steamed Broccoli</b> <b>Fresh Orange</b>	11 <i>Apple Frudel</i> <i>Dried Fruit</i> <i>Fresh Banana</i> <b>Red Chicken Tamales</b> <b>Cheddar Cheese, Salsa</b> <b>Black Beans</b> <b>Fresh Apple</b>	12 <i>Banana Bread</i> <i>Vanilla Yogurt</i> 100% Juice <i>Applesauce Cup</i> <b>Mini Cheese Pizzabolis</b> <b>Marinara Sauce Cup</b> <b>Steamed Corn</b> <b>Seasonal Fruit</b>
15	16 <i>Large Breakfast Bar</i> 100% Juice <i>Fresh Apple</i> <b>Pancakes, Syrup</b> <b>Sausage Patty</b> <b>Hash Browns</b> <b>Fresh Banana</b>	17 <i>Blueberry Scone</i> 100% Juice <i>Fresh Banana</i> <b>Bean &amp; Cheese Pupusa</b> <b>Salsa</b> <b>Refried Beans</b> <b>Cinnamon Applesauce</b>	18 <i>Cinnamon Roll</i> <i>Dried Fruit</i> <i>Fruit Cup</i> <b>Chicken Parm Sandwich</b> <b>Marinara, Parmesan</b> <b>Wheat Bun</b> <b>Steamed Broccoli</b> <b>Fresh Apple</b>	19 <i>Apple Cinnamon Bread</i> <i>Applesauce Cup</i> 100% Juice <b>Buffalo Chicken</b> <b>Drumsticks</b> <b>Buttermilk Biscuit</b> <b>Steamed Carrots</b> <b>Seasonal Fruit</b>
22 <i>Small Breakfast Bar</i> 100% Juice <i>Fresh Apple</i> <b>Beef Sloppy Joe</b> <b>Wheat Bun</b> <b>Steamed Corn</b> <b>Fruit Cup</b>	23 <i>Maple Waffle</i> <i>Dried Apples</i> <i>Fresh Orange</i> <b>Chicken Nuggets</b> <b>Buttermilk Biscuit</b> <b>BBQ Sauce</b> <b>Steamed Carrots</b> <b>Seasonal Fruit</b>	24 <i>Vanilla Yogurt</i> <i>Honey Granola</i> 100% Juice <i>Sliced Peaches</i> <b>Beef Meat Sauce</b> <b>Penne Pasta</b> <b>Steamed Broccoli</b> <b>Cinnamon Applesauce</b>	25 <i>Oatmeal Round</i> <i>Dried Fruit</i> <i>Fresh Banana</i> <b>Chicken Crisпитos</b> <b>Salsa</b> <b>Black Beans</b> <b>Fresh Orange</b>	26
29	30 <i>Strawberry Cinnaboli</i> 100% Juice <i>Whole Apple</i> <b>Turkey Hot Dog</b> <b>Wheat Bun, Ketchup</b> <b>Baked Beans</b> <b>Fruit Cup</b>			

*\*This institution is an equal opportunity provider. \*\*All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays. \*\*\*This menu is subject to change based on item availability. \*\*\*\*Shelf stable meal kits available upon request.*